

# THE FAT FROG KITCHEN: CAFÉ

## Cakes

|                                                                    | 18cm | 23cm |
|--------------------------------------------------------------------|------|------|
| Chocolate & Buttercream Icing .....                                | R185 | R250 |
| Chocolate & Ganache Icing .....                                    | R200 | R270 |
| Vanilla & Buttercream Icing .....                                  | R150 | R190 |
| Vanilla & Salted Caramel Icing .....                               | R180 | R240 |
| Red Velvet & Cream Cheese Icing .....                              | R200 | R250 |
| Orange Velvet & Cream Cheese Icing &<br>Ganache Topping .....      | R210 | R270 |
| Lemon Velvet & Cream Cheese Icing .....                            | R200 | R250 |
| Carrot & Cream Cheese Icing .....                                  | R270 |      |
| Hummingbird & Cream Cheese Icing .....                             | R270 |      |
| Chocolate Almond (gluten free) .....                               | R310 |      |
| Baked Vanilla with Sour Cream &<br>Seasonal Fruit Cheesecake ..... | R400 |      |
| Bar One Cheesecake .....                                           | R420 |      |
| Oreo Cheesecake .....                                              | R420 |      |

## Ring Cakes

|                                           | 20cm | 25cm |
|-------------------------------------------|------|------|
| Carrot & Cream Cheese (Ring) .....        | R150 | R240 |
| Red Velvet & Cream Cheese (Ring) .....    | R150 | R240 |
| Orange Velvet & Cream Cheese (Ring) ..... | R150 | R240 |
| Lemon Velvet & Cream Cheese (Ring) .....  | R150 | R240 |

*All Ring Cakes are available as a slab or box cake, prices on request.*

## Muffins

|                                      | Mini | Std. |
|--------------------------------------|------|------|
| Butternut & Coriander .....          | R5   | R30  |
| Spinach & Feta .....                 | R5   | R30  |
| Cheesy Herby .....                   | R5   | R30  |
| Olive, Feta, Sundried Tomatoes ..... | R5   | R30  |
| Brinjal, Feta, Sundried Tomato ..... | R5   | R30  |
| Date, Raisin, Nut, Carrot .....      | R5   | R30  |
| Pear, Pecan, Cinnamon .....          | R5   | R30  |
| Double Choc Chip .....               | R5   | R30  |
| Apple, Cinnamon, Raisin .....        | R5   | R30  |

## Quiches

|                                                           | Ckt. | Sml. | Med. | Lrg. |
|-----------------------------------------------------------|------|------|------|------|
| Butternut, Feta & Coriander ..                            | R15  |      |      |      |
| Spinach & Feta .....                                      | R15  | R95  | R200 | R250 |
| Brie, Caramelized Onion,<br>Sun-Dried Tomatoes & Basil .. | R15  | R95  | R200 | R250 |
| Asparagus, Spring Onion<br>& Parmesan .....               | R15  | R95  | R200 | R250 |
| Sweetcorn, Spring Onion<br>& Chilli .....                 | R15  | R95  | R200 | R250 |
| Quiche Lorraine .....                                     | R15  | R95  | R200 | R250 |
| Bacon & Mushroom .....                                    | R15  | R95  | R200 | R250 |
| Chicken & Mushroom .....                                  | R15  | R95  | R200 | R250 |

## Treats & Specialities

|                                          |        |
|------------------------------------------|--------|
| Beestings Mini .....                     | R10    |
| Beestings Muffin .....                   | R32    |
| Beestings Cake .....                     | R140   |
| Celebration Cake .....                   | Varied |
| Beestings Shortbread (6 pack) .....      | R70    |
| Greek Shortbread Balls (250g) .....      | R60    |
| Cranberry & Almond Biscotti (250g) ..... | R60    |
| Chocolate Crunchies (6 pack) .....       | R60    |
| Mini Mince Pies (8 Tray) .....           | R60    |
| Mince Pies (6 Tray) .....                | R70    |
| Rusks: Buttermilk .....                  | R60    |
| Rusks: Fudge .....                       | R65    |
| Rusks: Health .....                      | R75    |
| Rusks: Muesli .....                      | R80    |
| Custard Kisses .....                     | R60    |
| Date & Nut Squares .....                 | R60    |
| Choc Chip Cookies .....                  | R60    |
| Cranberry & Sunflowerseed Crunchies ..   | R60    |



# THE FAT FROG KITCHEN: PREMADE MEALS

## Chicken

|                                                                          | <i>Mini</i> | <i>Small</i> | <i>Med.</i> | <i>Lrg.</i> |
|--------------------------------------------------------------------------|-------------|--------------|-------------|-------------|
| Malay Curry .....                                                        | R60         | R165         | R210        | R400        |
| Moroccan .....                                                           | R60         | R165         | R210        | R400        |
| Chicken & Leek Phyllo Pie .....                                          | R60         | R165         | R210        | R400        |
| Lasagne .....                                                            | R60         | R165         | R210        | R400        |
| Parmesan Stuffed Chicken Breasts .....                                   | R60         | R165         | R210        | R400        |
| Butter Chicken .....                                                     | R60         | R165         | R210        | R400        |
| Green Thai Curry .....                                                   | R60         | R165         | R210        | R400        |
| Durban Chicken Curry .....                                               | R60         | R165         | R210        | R400        |
| Mushrooms & Sour Cream .....                                             | R60         | R165         | R210        | R400        |
| Deboned and stuffed with Spinach,<br>Mushrooms & Feta .....              |             |              | R195        |             |
| Deboned and stuffed with Pork stuffing .....                             |             |              | R195        |             |
| Deboned and stuffed with Wild Rice,<br>Cranberries, Bacon & Pecans ..... |             |              | R195        |             |

## Lamb

|                    | <i>Mini</i> | <i>Small</i> | <i>Med.</i> | <i>Lrg.</i> |
|--------------------|-------------|--------------|-------------|-------------|
| Lamb Curry .....   | R110        | R265         | R360        | R725        |
| Persian Lamb ..... | R90         | R220         | R300        | R600        |

## Sizes

Mini // Serves 1 • Small // Serves 2-3 • Medium // Serves 4 • Large // Serves 6-7

## Beef

|                                                         | <i>Mini</i> | <i>Small</i> | <i>Med.</i> | <i>Lrg.</i>   |
|---------------------------------------------------------|-------------|--------------|-------------|---------------|
| Lasagne .....                                           | R60         | R130         | R180        | R360          |
| Melenzane .....                                         | R60         | R130         | R180        | R360          |
| Cannelloni .....                                        | R60         | R130         | R180        | R360          |
| Quick Cannelloni .....                                  | R60         | R130         | R180        | R360          |
| Oxtail .....                                            | R85         | R170         | R240        | R485          |
| Bobotie .....                                           | R60         | R130         | R180        | R360          |
|                                                         |             |              |             | <i>Per Kg</i> |
| Fillet - Stuffed with Bacon, Mushroom & Feta .....      |             |              |             | R350          |
| Fillet - Stuffed with Spinach, Mushroom & Feta .....    |             |              |             | R350          |
| Fillet - Stuffed with Peppadews, Coriander & Feta ..... |             |              |             | R350          |

## Vegetarian

|                                  | <i>Mini</i> | <i>Small</i> | <i>Med.</i> | <i>Lrg.</i> |
|----------------------------------|-------------|--------------|-------------|-------------|
| Lentil & Mushroom Moussaka ..... | R60         | R130         | R160        | R320        |
| Melenzane .....                  | R60         | R130         | R160        | R320        |
| Mac & Cheese .....               | R55         | R110         | R140        | R280        |
| Spinach & Feta Cannelloni .....  | R60         | R130         | R160        | R285        |
| Lentil Bobotie .....             | R60         | R125         | R150        | R285        |

## Other

|                                                                    | <i>Mini</i> | <i>Small</i> | <i>Med.</i> | <i>Lrg.</i> |
|--------------------------------------------------------------------|-------------|--------------|-------------|-------------|
| Mac & Cheese & Bacon - Mini .....                                  | R60         | R120         | R170        | R340        |
| Soup (Lentil & Bacon / Butternut / Ham & Pea / Bean & Bacon) ..... |             |              |             | R75 / 900ml |